

HLTH 1150 - Nursing Assistant

Welcome to the Nursing Assistant (NA) course! Below are the topics we will be covering in this course:

- Overview of the health care system and role of the nursing assistant as a health care team member
- Basic nursing skills, including bathing, assisting with dining, ambulating, transferring, and toileting.
- Discussion of several concepts including:
 - Basic human needs
 - Professional behavior
 - Communication
 - Legal and ethical issues
 - Multicultural diversity

This course will include classroom, nursing lab, and simulated clinical experiences in a health care setting. The course is approved by the Nebraska Department of Health and Human Services Regulation and Licensure. Students who successfully complete the course are eligible to test for placement on the Nebraska Nursing Assistant Registry.

NEBRASKA NURSING ASSISTANT REGISTRY:

To sit for this test, all students must meet these four requirements:

- Academic Grade – Minimum of 70%
- Abuse and Neglect Training – 100% score
- Skills – Successfully pass all skills
- Attendance – Minimum of 76 hours

ADDITIONAL SKILLS AND KNOWLEDGE:

To be successful in this course, students should have the following language, computer skills, and math skills and abilities:

LANGUAGE ABILITIES

If English is not your first language, it is recommended that you have completed ESL Level 8 or higher.

Students should be able to

- Read and understand the required text book and computer assignment instructions
- Watch and review skill videos and take notes on key points of the skills
- Complete graded assignments online which may include, but are not limited to, short essay questions and multiple-choice quizzes and exams.
- Submit graded coursework online which will be graded on spelling, grammar, use of complete sentences with capital letters and punctuation, and understanding of key concepts.

The following website with free registration is suggested to help students self-determine readiness for the nursing assistant course:

- US Learns <https://www.usalearns.org/>

TECHNICAL ABILITIES

- All students need to know how to use a computer - even with face-to-face classes.
- All of the graded coursework is via online assignments with due dates, and online unit exams with open and close deadline windows.
- Students need to have access to:
 - A laptop or PC (at home or via a community resource)
 - Wifi
 - Zoom (camera access preferable)

BASIC ABILITIES/KNOWLEDGE OF TASKS:

It is extremely helpful for students to be able to do the following tasks prior to enrolling in the HLTH 1150 Nursing Assistant course:

- Add, subtract, multiply, and divide
- Tell time – regular and military time using both analog and digital methods
 - [Khan Academy - Telling Time on a Clock \(Explanation\)](#)
 - [Khan Academy - Telling Time on a Clock \(Practice\)](#)
 - [YouTube - How to Convert Civilian Time to Military Time](#)
- Read a ruler for inches and $\frac{1}{4}$ inches
 - [YouTube - How to Use a Ruler to Measure Inches](#)
- Read a scale for pounds and $\frac{1}{4}$ pounds
 - [YouTube - Reading a balance scale for pounds, 1/2 pounds, 1/4 pounds](#) – 1st 54 seconds of video
- Write down measurement results accurately

Students who do not possess the above abilities do have options to help prepare themselves before the start of the course. Options include:

<http://www.gncclincoln.org> (Links to an external site.) – Good Neighbor Community Center: English ESL Classes

<https://nfclincoln.org> (Links to an external site.) – Northeast Family Center: Family, Adult Literacy and Education

<http://www.lincolnliteracy.org> (Links to an external site.) – Lincoln Literacy: English Language Work Literacy

<https://www.southeast.edu/tutoringandtransitions/> (Links to an external site):

- **SCC Tutoring Center** – FREE tutoring for all SCC students, including a Conversation Partners program (email scctutoring@southeast.edu or call 402-437-2628).
- **SCC Transitions** – program designed to help students improve their basic math, English and computer skills (email scctransitions@southeast.edu or call 402-437-2660).